

## 2025 RUNNER'S GUIDE



BY RUNNERS FOR RUNNERS

# 2025 Calendar of Events

# Mark your calendar for these upcoming events!













Please be prepared to give volunteers THE EXACT NAME YOU REGISTERED UNDER, not your bib name, nickname, maiden or married name if you did not use it to register.

#### **Pre-Race Day Packet Pick-Up Schedule**

Thursday, April 17, 2025 4 PM – 7 PM sharp

> Baybrook Mall 18650 Gulf Freeway Friendswood, TX 77546

**Friday, April 18, 2025** 11 AM – 5 PM sharp

> **On The Run** 2427 Bay Area Blvd. Houston, TX 77058 281-470-5388

New Balance is offering a 25% discount on all New Balance shoes and apparel purchased at the time of packet pickup at On the Run.



#### RACE DAY PACKET PICK-UP

St. Thomas the Apostle
Episcopal Church Park (race site)
18300 Upper Bay Rd.
Houston, Texas 77058
(Nassau Bay)

#### **RACE DAY, SATURDAY, APRIL 19, 2025**

#### **REGISTRATION**

6 – 7:15 AM (cash/credit card accepted)

#### **RACE DAY PACKET PICKUP**

6-7:15 AM

Please arrive early

**PLEASE NOTE**: The time before the race is hectic, and we have only so many volunteers to help. If you wait until race day to pick up your packet, contents are not guaranteed. Arrive early enough before the race to check your bag and to attach your chipped bib. Picking up your packet during scheduled packet pick-up times in advance is ALWAYS preferable, both for you and for everyone on race morning.

## Dream. Explore. Celebrate.

The Yuri's Fun Run Houston is part of an annual worldwide celebration that commemorates the first human in space, Yuri Gagarin, as well as the first orbital flight of the US Space Shuttle. Both of these pioneering events took place on April 12th in 1961 and 1981 respectively.





#### **Race Location**

## St. Thomas the Apostle Episcopal Church Park

18300 Upper Bay Rd. Houston, Texas 77058 (Nassau Bay)



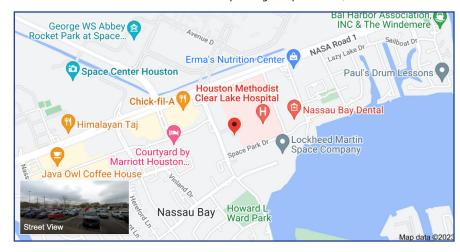


#### **Race Parking Location**

#### **Corner of Upper Bay Road and Space Park Drive**

18091 Upper Bay Road Houston, TX 77058 (Nassau Bay)

You will see it on the map as large red pin mark.



#### **Parking Information**

The parking lot is located on the corner of Upper Bay Road and Space Park Dr., across the streeet from Gloria Dei Lutheran Church on Upper Bay Road. Please allow yourself ample time to find a parking space and get to the race start area. Roads on the race course will be CLOSED by 6:45 a.m. Follow the posted signs. Parking is limited. Car pool if you can.









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#### STORE HOURS

Mon. - Sat. - 9 am - 9 pm Sunday - 10 am - 7 pm

Check out our upcoming events and services

**SCHEDULE NOW** 



#### **DICK'S HOUSE OF SPORT**



18650 GULF FWY, FRIENDSWOOD, TX 77546



(832) 415-1934



## SCHEDULE OF EVENTS APRIL 19, 2025

#### **Start Times**

Please be on time. No late starts allowed.

**7:15 AM** Kids K

**7:35 AM** 5K and 10K

**9:35 AM** Course closes (2 hour time limit)

9:35 AM Post Race Party

An official race photographer will be on the course and at the finish.

### Course Description and Course Markers

Run through the scenic neighborhood of Nassau Bay, TX. Nassau Bay was established to accommodate NASA Johnson Space Center and provide a community for astronauts, space professionals, and their families. The city is located directly adjacent to Johnson Space Center. Look for signs pointing out where Astronauts have lived.

Visible markers will be positioned along the course. Walkers, strollers and pets (on leash) are welcome!















#### **Timing Chip**

Your timing chip is already attached to the back of your race bib. Please use the pins provided in your packet to secure your bib to the **FRONT** of your shirt.

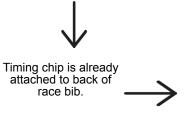
#### Do not bend or fold your bib.

The timing chip is disposable and does not need to be removed or returned to us after the race.

#### NO BIB, NO TIME!

All participants must wear their bib on the front in a way that it can be seen by course officials in order to receive an official finish time when crossing the finish line. If you lose or forget your bib on race day there is a \$10 replacement fee.







#### Bib, Transfers, and Timing

- Running with a bib not registered in your name will result in a two year suspension.
- All participants must wear their bib on the front in a way that it can be seen by course officials. Non-registered runners and/or bandit runners will be removed from the course. No one will be allowed to finish the race without a bib.
- Do not fold your bib, it will affect results and timing.
- Transfers are available for \$10 at packet pickup and race day.

# Bring your bib to... Speedy's Fast Track HoustonFastTrack.com in FREE Go-Kart Rides, Laser Tag &/or Mini Golf at Speedy's Fast Track Family Entertainment Center 713-957-8803 11440 Hempstead Road Houston, Tx 77092

#### Switching Races For Individual (5K to 10K and vice versa):

- An Individual can switch races with no fees up to the bib name deadline unless the race is full. After the bib name deadline, there is a \$10 charge to switch races and loss of personalized bib.
- You must Contact Us to switch:









# new balance

Independent since 1906, we empower people through sport and craftsmanship to create positive change in communities around the world











#### The Race Course



#### **Water Stops**

Water stops will be located at the start/finish and half-way point of 5K (approximately at 1.5 mile). For 10K, it will be at the start/finish and split-off point of 5K/10K, which you will pass twice (approximately at 1.5 mile and 4.6 mile). For 10K, the longest distance between water stops will be about 3.1 mile. Medical aid station will be located at the start/finish area. Gatorade (Lemon-Lime Flavor) and water will be provided at each water stop.

#### **Photography**

Official race photographer, RaceShots.net, will be on the course and at the finish. Smiling faces will likely end up on our Facebook page or on our marketing materials.







#### **Race Etiquette**

Races must start and end on time. No runners will be allowed to start a race more than 10 minutes past official start time.

Line up at the starting line according to how fast you plan to run or walk the event. Slower runners and walkers should move to the back of the race pack. Participants with strollers or pets should also move to the back of the race pack. Run or walk no more than two abreast.

#### **Finish Line**

Keep moving after you cross the finish line. Results will be posted on-site and also on the official race website at <a href="https://www.yurisrunhouston.com/">https://www.yurisrunhouston.com/</a>. Finisher's medal will be awarded just outside the finish line.

#### Safety

Runners and walkers will be expected to follow directions and instructions of race officials. EMT personnel may be riding the course on bicycles. Please let them or any aid station personnel know if you are having any problems. Headphones are allowed. However, volume should be low enough so that you can hear the race officials' instructions.



#### **POST RACE PARTY**

After you cross the Finish Line join us for the post race party.

There will be Food, Sodas, Water & Beer!

Awards, Give-a-ways & FUN!!!

Although there is no official costume contest, some runners find it great fun to show up in costume anyway. Space themes are especially popular!

















#### **Texas' Premier Running Specialty Stores**

#### **CLEAR LAKE**

2427 Bay Area Blvd Houston, TX 77062 281.480.5388

#### **BEAUMONT**

227 Dowlen Rd, Stte 6B Beauumont, TX 77706 409.861.1595

https://ontheruntx.com

We are Houston, TX based shoe sellers, runners & triathletes that are all about a great fit, great quality, and great customer service. Founded in 2003, we specialize in gait analysis and have a combined 30+ years experience fitting runners and walkers of all skill levels and injury types. We also work closely with a number of local Clear Lake/League City/Houston area running and multisport clubs.

#### Come by and see us!









Where do I pick up my race packet? See Packet Pick-Up, page 3.

Where should I park? See Parking, page 4.

Race Start Times: We always plan to start on time. In the case of weather or other unexpected events start time may be delayed, but runners will not be allowed to begin their run any later than 10 minutes past when the race is officially started on site.

**Timing:** Your chip will be on your bib, which you will get with your packet. The timing tag is attached to the back of your bib. All participants must wear their bib on the front in a way that it can be seen by course officials. Do not forget your bib on

#### **Frequently Asked Questions**

race morning. NO BIB, NO TIME. If you forget your bib, you will need to pay \$10 to replace it. Non-registered runners and/or bandit runners will be removed from the course. No one will be allowed to finish the race without a bib.

I can no longer make it to the race. Can I get a refund? If you are unable to make it to the race after signing up, your registration fee is considered a donation to the Houston Expedition Center, and a refund will not be offered. We appreciate your understanding on this matter, and you are, of course, still welcome to pick up your race shirt!

What is the minimum age requirement and do you need a parents or guardian's consent to participate?

The minimum age for the 5K and 10K is 6 years, and we do need the signature of a consenting parent or guardian.

Is there an age limit on the Kids 1K? To participate, there is no age limit for the Kids 1K. In order to be eligible for a prize, kids must be 8 and under.

**Are strollers welcome?** Yes. We strive to make this event as family friendly as possible. Please be courteous to other runners by moving toward the back of the group at the starting line though.

**Are dogs welcome?** We realize dogs are very much a part of many people's families, and they are welcome in this race. Please be courteous to other runners by ensuring your dog is on a leash,













#### 18 hole mini-golf course Four types of go-karts Huge laser tag arena







# Speedy's Fast Track Www.houstonfasttrack.com 11440 Hempstead Road (713) 957-8803

#### **Business Hours**

Sunday - Thursday 12:00pm - 10:00pm

Friday & Saturday 12:00pm - 12:00am

Hours subject to change without notice

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Parties . . . Group Packages . . . Arm Bands . . . Something Fun For Everyone!







#### **Awards**

Top overall males and females in each race, plus top three in the following age groups, will each receive a special commemorative award:

9 and under	35-39	65-69
10-14	40-44	70-74
15-19	45-49	75-79
20-24	50-54	80-84
25-29	55-59	85-89
30-34	60-64	90-94

All results are based on chip time.













#### By Runners. For Runners.

We are a 501(c)(3) non-profit organization. Our motto is "By Runners, For Runners." At Running Alliance Sport (RAS) races, runners always come first. We put our hearts into creating, organizing, staffing, and managing these events. We do what we do because we are runners, and we love this community. Since the beginning, we have stood out from other race organizations by providing runners with a value experience. Once you race with us, we know you'll want to come back for more! RAS gives back to the community in every way we can. RAS donates all proceeds (that's everything after our "cost of production") to local charitable causes. Thanks for running our races and participating in our events.

#### **About Us**

Calling the greater Houston area home, Running Alliance Sport (RAS) is a not-for-profit event production company that has a passion for producing quality running events which, in turn, support local communities and its charities. With the help of our volunteers, RAS successfully works with city governments in Nassau Bay, Mont Belvieu, Houston, Alvin and Friendswood to produce six races annually from March to December and has donated over \$1 million to local charities since its inception in 2011. For more information, visit runningalliancesport.org.

#### Dream. Explore. Celebrate.

Net proceeds from the Yuri's Fun Run goes to local charities.







I RAN THEM ALL!

## HIGH FIVE! Run all 5 races and receive a commemorative special award!

For more details, visit: https://texas5kseries.org

# 2025 Calendar Texas 5K Series:

YURI'S NIGHT HOUSTON 10K, 5K & Kids 1K April 19, 2025

#### TEXAS HEATWAVE

5 Mile Run or 5K July 4th, 2025

#### **LUNAR LANDING**

5K & Kids 1K July 19, 2025

#### **BENEEZY PURPLE MONKEY**

Fun Run, 10K, 5K & Kids 1K August 30, 2025

SANTA'S SLEIGH 5K December 13, 2025



# thank you to our SPONSORS!





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